

Official entry form for NPC EAST COAST CLASSIC JUNE 29 2019

Please fill in each division entering. Registration Fee \$100. For every additional class there is an additional \$100 crossover fee. **MUST BE POSTMARKED** by Jun 25, 2019 **NO EXCEPTIONS: Questions - 410-241-5841**

SEND TO: Richard Siegelman, Kutz Promotions, 10213 Washingtonian Blvd #457 Gaithersburg, MD. 20878

BIKINI

- Class A (Up to and including 5' 1")
- Class B (Over 5' 1" and including 5' 2-1/2")
- Class C (Over 5' 2-1/2" and including 5' 4")
- Class D (Over 5' 4" and including 5' 5-1/2")
- Class E (Over 5' 5-1/2 and including 5' 7")
- Class F (Over 5'7")
- Masters (Over 35)
- Grandmasters Masters (Over 40)
- Grandmasters Masters (Over 50)
- Novice Bikini Class A (Up to and including 5'4")
- Novice Bikini Class B (Over 5'4")
- True Novice Bikini(One Division)
- Armed Forces(One Division)
- Teen Bikini (One Division)
- Collegiate Bikini (One Division)
- First Responder(One Division)

FIGURE

- Class A (Up to and including 5' 2")
- Class B (Over 5' 2" Up to and including 5' 4")
- Class C (Over 5' 4" Up to and including 5' 6")
- Class D (Over 5' 6")
- Masters (Over 35)
- Grandmasters Masters (Over 40)
- Grandmasters Masters (Over 50)
- Novice Figure (One Division)
- True Novice Figure (One Division)
- Armed Forces (One Division)
- Teen Figure (One Division)
- Collegiate Figure
- First Responder

FITNESS

- One division

WOMEN'S PHYSIQUE

- Class A (Up to and including 5' 6")
- Class B (Over 5' 6")
- Armed Forces (One Division)
- Collegiate Physique (One Division)
- First Responder (One Division)
- Novice (One Division)
- True Novice (One Division)
- Masters (Over 40)
- Grandmasters (Over 50)

NOVICE MEN'S BODYBUILDING

- Light (Up to and including 165 ¼ lbs)
- Middle (Over 165 ¼ lbs Up to 187 ¼ lbs)
- Heavy (Over 187 ¼ lbs)
- True Novice (One Division)

MEN'S PHYSIQUE

- Class A (Up to and including 5' 7")
- Class B (Over 5' 7" and including 5' 8")
- Class C (Over 5' 8" and including 5' 9")
- Class D (Over 5' 9 and including 5' 11")
- Class E (Over 5' 11" and including 6')
- Class F (Over 6')
- Men's Masters (Over 35)
- Grandmasters Masters (Over 40)
- Grandmasters Masters (Over 50)
- Armed Forces (One Division)
- First Responder (One Division)
- Collegiate Physique (One Division)
- Teen Physique (One Division)
- Junior Physique (One Division)
- Novice Class A (Up to and incl 5'8")
- Novice Class B (Over 5'8")
- True Novice Class (One Division)

MEN'S BODYBUILDING

- Bantam (143 ¼ lbs and under)
- Light (Over 143 ¼ lbs to 154 ¼ lbs)
- Welter (Over 154 ¼ lbs to 165 ¼ lbs)
- Middle (Over 165 ¼ lbs to 176 ¼ lbs)
- Light Heavy (Over 176 ¼ lbs to 198 ¼ lbs)
- Heavy (Over 198 ¼ lbs to 225 ¼ lbs)
- Super Heavy (Over 225 ¼ lbs)
- Men's Masters (Over 35)
- Men's Masters (Over 40)
- Men's Grand Masters (Over 50)
- Men's Grand Master (Over 60)
- Men's Grand Master (Over 70)
- Armed Forces (One Division)
- First Responder(One Division)
- Collegiate(One Division)
- Teen (One Division)
- Junior (One Division)
- Wheelchair (One Division)

WOMEN'S BODYBUILDING

- Women's Open

MEN'S CLASSIC PHYSIQUE

NOTE: For Classic Physique, your competition bodyweight is regulated by your height. You must fall in these height AND weight ranges on CONTEST DAY or you will be allowed to compete in Men BB or Men's Physique.

MAX HEIGHT and MAX WEIGHT:

5'4 160	5'5 165	5'6 170	5'7 175
5'8 182	5'9 190	5'10 197	5'11 205
6'0 212	6'1 220	6'2 230	6'3 237
6'4 245	6'5 252	6'6 260	6'7 267
Over 6'7 275			

SELECT YOUR DIVISIONS BELOW:

- MASTERS CLASSIC PHYSIQUE 35+ (1 height class)
- GRANDMASTERS CLASSIC PHYS 40+ (1 height class)
- GRANDMASTERS CLASSIC PHYS 50+ (1 height class)
- CLASSIC PHYS ARMED FORCES (1 height class)
- CLASSIC PHYS FIRST RESPONDER (1 height class)
- CLASSIC PHYSIQUE TEEN (1 height class)
- CLASSIC PHYSIQUE COLLEGIATE (1 height class)
- CLASSIC PHYSIQUE NOVICE (1 height class)
- CLASSIC PHYSIQUE TRUE NOVICE (1 height class)
- CLASSIC PHYSIQUE OPEN 3 height classes

SELECT DIVISION above and Height/ Range below

Max weights listed above for each height

- CLASS A: Up to 5'7"
- CLASS B: Over 5'7, Up to 5'10"
- CLASS C: Over 5'10"

Name _____ Height / Weight _____ Age _____

Address _____ City _____ State _____

Phone _____ Email _____

Gym _____ Address _____ City _____ State _____

READ AND SIGN THIS WAIVER: In consideration of being allowed to participate in any way the {2018 NPC EAST COAST CLASSIC} promoted by {Rich Siegelman Promotions/Kutz Promotions} and sanctioned by the National Physique Committee of the USA, Inc ("NPC"), its related events and activities,

I, Please print name: _____, the undersigned, acknowledge, appreciate and agree that The risk of injury from the activities involved in this

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Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist, and I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation, and I willingly agree to comply with the stated and customary terms and conditions for participation, if however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE PROMOTER AND THE NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the {NPC & Hilton BWI Airport Hotel} including any rules or regulations prohibiting cooking or food preparation in the hotel / school rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the Promoter from and against any damages caused by the undersigned to the school / hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the school / hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and / or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the Event and its related events. I hereby grant the NPC, Promoter and / or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit and / or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and / or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and / or other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and / or any NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and / or other NPC-approved video or entertainment organization hereunder . . All entry fees are nonrefundable, and subject to a \$40.00 returned check fee (NSF, stop payment or other). . Promoter reserves the right to deny entry and combine, eliminate or change weight classes and / or divisions. . I understand that I will be personally and financially responsible for all curtains, linens, towels, carpet, furniture or other items damaged as a result of my use of tanning products or oil or of any act of negligence or aggression.. I also certify that I am an amateur competitor, eligible under accepting of any and all of the rules of the competition and of the NPC.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ Age: _____ Date Signed: _____
PARTICIPANT'S SIGNATURE

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X _____ Age: _____ Date Signed: _____
PARENT / GUARDIAN SIGNATURE